

Fellowes

Ergonomic Solutions



Breyta™
Foot Rest

Foot Rest

Features:

- Support your feet and encourage motion to enjoy good ergonomic posture, promoting comfort throughout the day
- Large, stable platform for comfortable feet positioning.
- Three height adjustments, including a rocking option to increase movement and improve circulation.
- Portable design that is easy to carry, set up, adjust and store away – ideal for hybrid working environments.
- Modern and simple design aesthetics available in black and white colour options.
- Made from materials which are 100% recyclable
- Made to last with an extended 5-year limited warranty.
- EN ISO 9241-5 1999 Ergonomic requirements for office work with visual display terminals (VDTs): part 5: 1999, workstation layout and postural requirements.



Specification:

Code	100016562	100016563
Colour	Black	White
Product Dimensions (H x W x D)	9.8 x 49.0 x 36.0 cm	
Product Weight	2.16 kg	
Retail Carton Dimensions (H x W x D)	39.4 x 51.5 x 11.2 cm	
Retail Carton Weight	2.71 kg	
Outer Carton Dimensions (H x W x D)	42.2 x 53.3 x 24.2 cm	
Outer Carton Weight	6.13 kg	
Number of height settings	3	
Height settings	7.9, 11.6, 12.6 cm	
Platform size	49 x 36 cm	
Angle	9° static 0° - 18° rocking	
Rocking motion	✓	
Textured surface	✓	
Features	Built in carry handle and adjustable leg storage for portability and storage	
Retail Barcode (UPC)	043859794898	043859794850
Outer Carton Barcode (SCS)	10043859794895	10043859794857
Quantity per Outer Carton	2	
Country of Origin	China	
Recyclability	100%	
Warranty	5 year limited	

Breyta™ Foot Rest

Breyta™ is redefining workspaces. Inspired by evolving work styles, Breyta™ features ergonomic accessories designed for comfort, portability, and ease of use. 100% recyclable and built to last, embrace modern design and sustainability. Elevate your workspace with Breyta™ today.



Large surface area

Provides a stable platform for a comfortable working position throughout the day.



Easy to assemble

Simply push legs into the platform to achieve the desired height.



Rocking feature

Promotes movements and improves circulation to reduce leg fatigue.



Perfect for hybrid working

Built-in carry handle and leg storage when not in use.

Environmental:

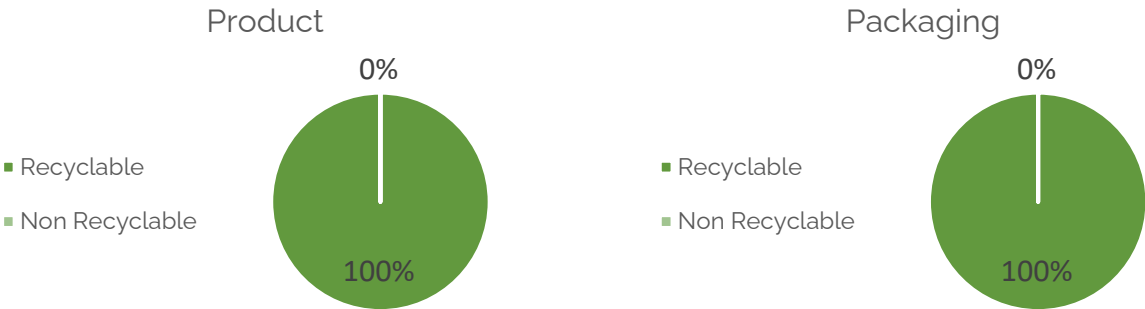
	Product Material Breakdown		Product Recycled Content		
Product	Weight (g)	Weight (%)	Pre-Consumer Recycled Content (g)	Post Consumer Recycled Content (g)	Total Recycled Content (%)
Acrylonitrile Butadiene Styrene (ABS)	2066.10	98%	-	-	0%
Thermoplastics Elastomer (TPE)	48.00	2%	-	-	0%
Total	2114.1	100%	-	-	0%

	Product Material Breakdown		Product Recycled Content		
Packaging	Weight (g)	Weight (%)	Pre-Consumer Recycled Content (g)	Post Consumer Recycled Content (g)	Total Recycled Content (%)
Corrugated Box	306.00	61%	244.80	61.20	100%
Manual	5.60	1%	4.48	1.12	100%
Corrugated Support	158.20	32%	126.56	31.64	100%
Paper Tissue	29.60	6%	-	-	0%
Total	499.40	100%	375.84	93.96	94%

Pre-Consumer Recycled Content: Waste material that was created during the process of manufacturing or delivering goods prior to their delivery to consumers.

Post-Consumer Recycled Content: Waste material created by consumers. This material is diverted from landfills and utilized in the production of other commodities.

Recyclability:



Ergonomic Working:



ZONE 1 PREVENT BACK TENSION

Check your posture.

A foot and back support will help provide the most comfortable working position.

How to use a foot rest

1. **Set your seat height:** Ensure your seat height is set so your arms are parallel with your desk and your elbows are roughly at a 90° angle.
2. **Check your seat pan:** Adjust your seat pan to ensure your legs are properly supported but there is enough space to avoid the chair interfering with the bending of the knee. Typically 3/4cms.
3. **Support your feet:** Place your foot support in front of your chair and adjust the height until you can firmly place your feet flat on the top.
4. **Movement:** Foot rests with rocking movement or foot textures encourage movement throughout the day helping to improve circulation and reduce fatigue



Certifications:

EN ISO 9241-5 1999 Ergonomic requirements for office work with visual display terminals (VDT's): part 5: 1999, workstation layout and postural requirements.



Aftercare:

Cleaning: Wipe over with a damp microfibre cloth. Do not use any cleaning solutions.

Handling & Storage: Read and follow all instructions and warnings before use. This product is intended for indoor use only.

Dimensional Drawings:

