

Lenovo ThinkPad

Thin, light, and designed with a high screen-to-body ratio and 16:10 aspect ratio for more expansive views, the Lenovo ThinkPad T14 Gen 4 delivers uncompromised performance. This endlessly configurable device is packed with next-generation AMD Ryzen™ PRO processors with 23W thermal design power, plus the latest AMD Radeon™ Graphics. Powerful new LPDDR5X memory, enhanced camera options, and a larger battery option for true all-day power further boost productivity.

This Lenovo ThinkPad is the perfect companion for professionals on-the-go with blazing-fast Wi-Fi 6E and LTE CAT16 connectivity options. It features built-in Lenovo ThinkShield security and AMD PRO Security, including AMD Memory Guard, for optimized protection against threats. This combines with Pluton technology, designed and updated by Microsoft, which is built directly into the processor, hardening new Windows 11 PCs with continuous, up-to-date security. Enhanced AI security features include ePrivacy with PrivacyGuard.

Plus, this device is more environmentally responsible than ever thanks to Lenovo's reduced-emissions manufacturing process, PCC recycled materials, and sustainable packaging with 90% recycled content.

AMD
RYZEN
PRO

Smarter
technology
for all

Lenovo



Lenovo ThinkPad
T14

Lenovo ThinkPad T14



performance

PROCESSOR

Next-generation AMD Ryzen™ PRO processors

OPERATING SYSTEM

Up to Windows 11 Pro or Linux
Windows 10 Pro preinstalled through downgrade rights in Windows 11 Pro

GRAPHICS

Latest AMD Radeon™ Graphics

CAMERA

HD RGB, FHD hybrid, or 5MP + IR camera with webcam privacy shutter

MEMORY

Up to 32GB LPDDR5X (7500Mhz) Dual Channel (Soldered)

STORAGE

Up to 2TB Gen 4 performance PCIe SSD

BATTERY

Choice of 39.3 Whr or 52.5 Whr battery

AC ADAPTOR

65W AC adapter, supports RapidCharge for both battery options

AUDIO

Dolby® Audio™ with Dolby® Voice
2x User-facing Microphones

connectivity

INPUT/OUTPUT PORTS

1x USB-C 3.2 Gen 2
2x USB 4.0 Gen 3.2
2x USB-A 3.2 Gen 1
1x HDMI 2.0b
1x Audio (headphone and microphone combo jack)
1x RJ45
1x SIM (only for concerned configurations)

WIRELESS

Wi-Fi 6E R2 (requires Windows 11 Pro)
LTE (CAT16) with eSIM
LTE (CAT4) with eSIM
Bluetooth® 5.1

NFC

Yes (optional)

DOCKING

USB-C dock

security

AMD PRO Security with AMD Memory Guard
Microsoft Pluton
Secured-Core PC
Power-On Touch Fingerprint Reader
PrivacyGuard Display
dTPM 2.0 chip
Webcam privacy shutter
Kensington™ lock slot
Ultrasonic Human Presence Detection

design

DISPLAY

14" WUXGA (1920x1200) IPS AG (300nit, 45% NTSC)
14" WUXGA (1920x1200) IPS OCT Touch AG (300nit, 45% NTSC)
14" WUXGA (1920x1200) IPS LP AG (400nit, 100% sRGB, Eyesafe)
14" 2.8K (2880x1800) OLED AGAR (400nit, 100% DCI-P3, Dolby Vision, Eyesafe, HDR True Black 500, 90Hz)
14" WUXGA (1920x1200) IPS PrivacyGuard OCT Touch (500nit, 100% sRGB)

DIMENSIONS (W X D X H)

317.7 x 226.9 x 17.9 mm
12.51 x 8.93 x 0.70 inches

WEIGHT

Starting at 1.21 kg/2.65lbs

KEYBOARD

Standard and backlit keyboard with TrackPoint and 115 mm wide TrackPad

COLORS

Thunder Black

sustainability

MATERIAL

Thunder Black
90% recycled magnesium on C frame

98% PCC recycled plastic used in speaker enclosure
Up to 30% PCC recycled plastic used in the 39.3 Whr and 97% in 52.5 Whr battery enclosure
90% PCC recycled plastic used in standard 45W and 65W adaptors
Packaging with 90% recycled and/or sustainable content¹
Low-temperature solder

CERTIFICATIONS/REGISTRIES

ENERGY STAR® certified
EPEAT® Gold registered in U.S., Canada, and Germany
TCO Certified
China SEPA
Taiwan Green Mark

software

Lenovo Commercial Vantage
Lenovo View



¹Packaging composed of recycled, and/or biobased, and/or sustainably forested content.
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