

ThinkPad L14 Gen 6 (Intel)

Powered by up to Intel® Core™ Ultra 7 processors from the H or U Series, this laptop fuels professionals who are always on the move, whether they're compiling complex financial reports, rendering lightweight 3D graphics, or switching between dozens of browser tabs. Its AI performance, reaching up to 96 overall TOPS, supports accelerated creative workflows and intelligent assistance tools that optimize task management. With optional Intel® Arc™ 140T graphics and up to 64GB DDR5 memory, it delivers the responsiveness needed for data scientists, marketing strategists, and consultants working across dynamic environments.



**Redefining possibilities with
powerful performance and
groundbreaking on-device AI**

The 14" WUXGA display with 100% sRGB and on-cell multi-touch technology enables vivid presentations, smooth sketching, and detailed visual analysis. Paired with versatile ports including USB-A, USB-C®, DisplayPort™, and HDMI, it connects easily to projectors, monitors, or other peripherals, perfect for meetings or collaborative setups.

Up to 2TB SSD storage ensures fast access to extensive libraries of media and files, while Firmware TPM 2.0 and Wi-Fi® 7 provide secure, high-speed connectivity in any location.

For mobile professionals, performance is paramount, powerful processors, high-speed memory, and AI acceleration ensure seamless multitasking and quick execution, often outweighing other factors when efficiency, responsiveness, and reliability are critical on the go.

Lenovo Services

Lenovo delivers tailored sustainability services, devices, and infrastructure solutions from our broad portfolio, working closely with you to support your target outcomes across the IT lifecycle..



Return To Depot Repair Warranty

- No-hassle repair process at a Lenovo service center
- Lenovo pays for all shipping between the customer and service facility
- Avoid unplanned operational expense with a simple annual fee

Accessories

Lenovo Go Wired Speakerphone

- Microsoft Teams certified, omni-directional far-field 2x microphones array
- Portable plug-and-play capabilities and effortless PC UC support
- Comes with intuitive control with volume wheel, tactile keys, and readable LEDs



PN: 4XD1C82055, CXD1C82051

Lenovo Essential Wired Keyboard & Mouse

- USB wired keyboard & mouse combo. Low profile island style keys, LED indicators & adjustable feet
- Spill-resistant keyboard with waterproof membrane to protect from accidental spills
- Mouse with 1000 DPI optical sensor and scroll wheel for precise control



PN: 4X30I79883

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Performance

Processor

Intel H or U Series Core Ultra 5/7 Processor (Series 2)

AI PC Category

AI PC

AI Performance

Up to 96 overall TOPS

Operating System*

Windows 11 Pro
Windows 11 Home
Windows 11 Home Single Language
Linux
Ubuntu Linux

NPU

Integrated Intel AI Boost, up to 13 TOPS

Graphics¹

Intel Graphics (integrated)
Intel Arc 130T GPU (integrated)
Intel Arc 140T GPU (integrated)

¹Intel Arc graphics only available on select H-series Intel Core Ultra processor powered systems with at least 16GB of system memory in a dual-channel configurations, otherwise it will function as Intel Graphics.

Memory²

Up to 64GB DDR5-5600, 2x SO-DIMM

²The max memory is based on the test results with current Lenovo memory offerings.

Storage³

Up to 1x 2TB M.2 2280 PCIe NVMe SSD

³The storage capacity supported is based on the test results with current Lenovo storage offerings.

Audio*

High Definition (HD) Audio
Stereo speakers, 2W x2, Dolby Atmos
Dual-microphone array, Elevoc Voice

Camera*

HD 720p, with privacy shutter
5.0MP + IR discrete, with privacy shutter, temporal noise reduction

Battery⁴

46.5Wh or 57Wh battery, up to 15.46 hr, Rapid Charge

⁴Battery life claims are approximate maximum. Actual result will vary depending on many factors and the maximum battery capacity will decrease with time and use.

Power Adapter*

65W USB-C adapter, PD 3.0
65W USB-C slim GaN adapter, PD 3.0

Design

Display⁵

14" WUXGA (1920x1200) IPS Anti-glare 16:10
- 400nits, 45% NTSC, 60Hz, 3M DBEF5
- 400nits, 45% NTSC, 60Hz, 3M DBEF5, touch, Eyesafe
- 500nits, 100% sRGB, 60Hz, low power, Eyesafe

⁵IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

Keyboard

6-row, spill-resistant, Copilot key, optional backlight

Touchpad

TrackPoint and Mylar surface TrackPad
60 x 115 mm (2.36 x 4.53 inches)

Dimensions⁶

Models with PC-ABS (top) and PC-ABS (bottom)
313.7 x 226 x 11.39/17.31 (front/rear), 22.9 (maximum) mm
12.35 x 8.90 x 0.45/0.68 (front/rear), 0.90 (maximum) inches

Models with aluminium (top) and PC-ABS (bottom)
313.7 x 226 x 11.32/17.01 (front/rear), 21.7 (maximum) mm
12.35 x 8.90 x 0.45/0.67 (front/rear), 0.85 (maximum) inches

Models with aluminium (top) and PC-CF (bottom)
313.7 x 226 x 11.32/17.01 (front/rear), 21.5 (maximum) mm
12.35 x 8.90 x 0.45/0.67 (front/rear), 0.85 (maximum) inches

⁶The system dimensions may vary depending on configurations.

Weight⁷

Starting at 1.38 kg (3.05 lbs)

⁷The system weight is approximate and may vary depending on configurations

Color

Black

Case material

Aluminium (top), PC-CF (bottom)
Aluminium (top), PC-ABS (bottom)
PC-ABS (top), PC-ABS (bottom)

Connectivity

Ethernet

Gigabit onboard Ethernet

WLAN + Bluetooth*

Intel Wi-Fi 6E AX211, 802.11ax, Bluetooth 5.3
Intel Wi-Fi 7 BE201, 802.11be, Bluetooth 5.4

WWAN*

4G LTE CAT6 with embedded eSIM
4G LTE CAT16 with embedded eSIM

NFC

Near Field Communication*

Ports

1x USB-A (Hi-Speed USB / USB 2.0)
2x USB-A (USB 5Gbps / USB 3.2 Gen 1), one Always On
2x USB-C (Thunderbolt 4 / USB4 40Gbps), with USB PD 3.1 & DP 2.1
1x HDMI 2.1, up to 4K/60Hz
1x Headphone / microphone combo jack (3.5mm)
1x Ethernet (RJ45)
1x Smart card reader*
1x Nano-SIM card slot (WWAN support models)*

Docking

Docking support via Thunderbolt

Security & Privacy

Security

Discrete TPM 2.0
Kensington Nano Security Slot
Smart card reader, supports ISO 7816 and EMV*
Touch style MOC fingerprint reader*
Camera privacy shutter
IR camera for Windows Hello (facial recognition)*

Manageability

System Management*

Intel vPro Enterprise*

Certifications

Green Certifications^{8 9 10}

ENERGY STAR 9.0
EPEAT Gold Registered
ErP Lot 6/26
TCO Certified 10.0
RoHS compliant

⁸The items listed under the "Green Certifications" section may not only refer to certification but also registration (self-declaration).

⁹EPEAT registration and ENERGY STAR certification are optional and only available on the models with preloaded OS.

¹⁰EPEAT is registered where applicable, please see [epeat.net](https://www.epeat.net) for registration status by country.