

# Portable, aluminium design notebook stand Ergo-Q 260 12 inch



**4 different height settings:** height range at back: 10-15 cm

**Patented, integrated inline document holder:** increases data input speed

**Ultra mobile:** Only 240 gr, 6 mm thickness, fits in any notebook case

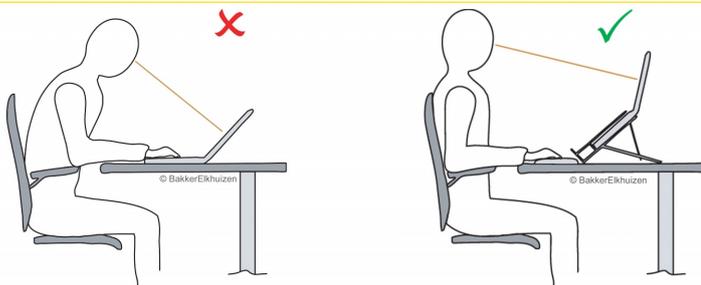
**High quality:** Hylite aluminium, rubber anti-slip feet, protective foam inside

**Easy laptop set-up:** pivotable document holder

**Suitable:** 12 inch Laptops

## Specifications

Dimensions:	185 x 6 x 244 mm (W x H x D)
Weight:	240 gr
Product code:	BNEQ26012



## Health & Safety Regulations

Using a notebook stand in combination with an external keyboard and mouse increases productivity by 17%.

It also significantly improves sitting posture. Neck strain is reduced by 32% and comfort is improved by 21% (Lindblad, 2002). The forearms are also in a more neutral position. Physical complaints are substantially reduced (Boersma, 2002).

We advise working no longer than two hours a day with a laptop unless it is combined with a notebook stand with an external keyboard and mouse.

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1. Your ergonomic workplace
2. Two versions
3. Simple to set up

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## Research

Recent scientific studies in the Netherlands and Sweden have shown that working with the Ergo-Q results in: 17% increased productivity, 21% increased comfort and 32% decreased neck torque (Lindblad 2003).