Portable, design notebook stand Ergo-Q 220









Health & Safety Regulations

Using a notebook stand in combination with an external keyboard and mouse increases productivity by 17%.

It also significantly improves sitting posture. Neck strain is reduced by 32% and comfort is improved by 21% (Lindblad, 2002). The forearms are also in a more neutral position. Physical complaints are substantially reduced (Boersma, 2002).

We advise working no longer than two hours a day with a laptop unless it is combined with a notebook stand with an external keyboard and mouse.



- 1. mobile 'ergo-kit'
- 2. ultra mobile
- 3. elegant design





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5 different height settings: height range at back: 11-24 cm

Patented: integrated inline document holder, increases data input speed

Ultra mobile: lightweight, completely foldable, fits in any notebook case

High quality: Hylite aluminium, rubber anti-slip feet and protective foam inside results in a rigid workstation

Design classic: winner of Ergonomics Excellence, Dutch Teleworking and Good Industrial Design Award

Suitable: for all laptops up to 15 inch

Specifications

Dimensions: 230 x 9 x 310 mm (W x H x D)

Weight: 430 gr Product code: BNEQ220



Research

Recent scientific studies in the Netherlands and Sweden have shown that working with the Ergo-Q results in: 17% increased productivity, 21% increased comfort and 32% decreased neck torque (Lindblad 2003).