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## Working healthily with monitors

# R-Go Caparo & Zepher monitor arms

Designed according to the principles of circular product design.



### Certified 100% circular

Our monitor arms are designed in such a way that the materials can be easily separated for recycling.



### Modular design

Easy to expand as desired with a document holder, laptop holder, Smartbar or an extra arm. The modules can easily be replaced, repaired or upgraded.



### Easily adjustable

Easily adjustable in depth and height. The screen can be tilted and rotated as desired. The Caparo arm is equipped with a gas spring.

**SMART Lock**  
Attach your screen to the monitor arm with one click.

**Minimum weight**  
We use a minimum of materials so that the weight is also minimal.

**SMART Stop**  
Lock the rotation of the arm in a certain direction with the rotation stop.

**SMART Connect**  
Connect all modules without tools and in an intuitive way.

**Installation from above**  
All monitor arms can be easily installed from above the worktop.

**Integrated cable management**  
Neatly conceal all cables in the integrated cable tray.

**Integrated gas spring**  
The Caparo monitor arm has an integrated gas spring.



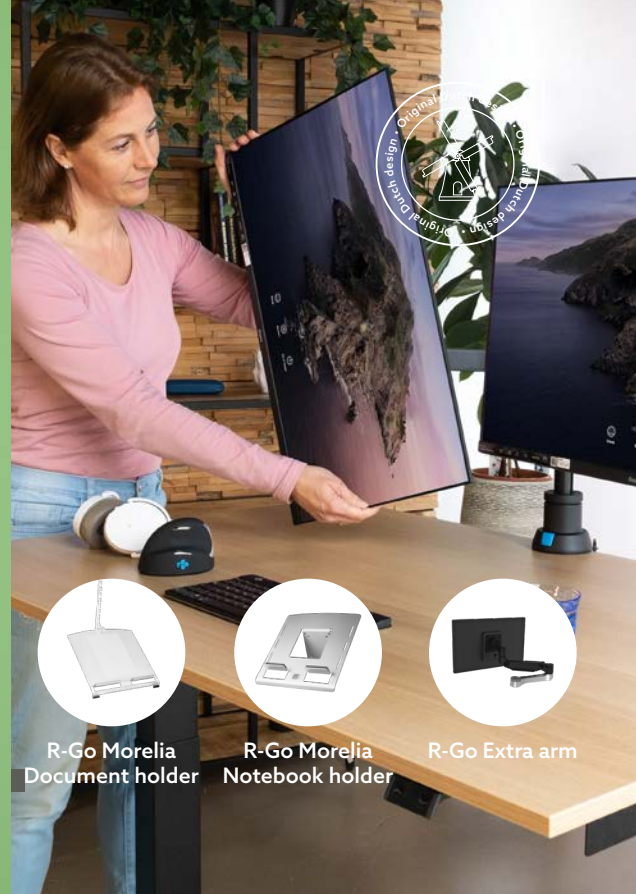
# Healthy monitor work

## Prevents hunched posture

Did you know that an incorrect set-up of the monitor has a direct effect on your work posture? A hunched posture can quickly lead to neck and shoulder complaints. In this position the weight of your head will put a force on your neck muscles which is comparable to 27 kilograms! With the use of a monitor arm you can easily and quickly raise your monitor to eye level. This way you automatically adopt an upright working posture.

## Modular monitor arm

Our monitor arms are modular by design, allowing you to create an ergonomic workplace in any situation. Do you work with multiple screens or do you prefer to use a document holder or laptop holder? It's all possible with our separate modules.



R-Go Morelia  
Document holder

R-Go Morelia  
Notebook holder

R-Go Extra arm



Check out One  
Tree Planted!



## We care for our environment

- ✓ Our monitor arms are made from almost 100% recycled raw materials.
- ✓ Eco-friendly packaging made from recycled cardboard with FSC certified sleeves.
- ✓ Designed to last: made from premium materials for long life.
- ✓ We offset the CO<sub>2</sub> emissions caused by the production of our monitor arms. To do this, we plant trees together with non-profit organization **One Tree Planted**.

## R-Go monitor arm assortment



R-Go Caparo



R-Go Zepher



R-Go Caparo/Zepher Twin

Article number	RGOVLC44SI	RGOVLZE4SI	RGOVLC44TWSI/RGOVLZE4TWSI
Gas spring	Yes	No	Yes/No
Capacity in lb (in kg)	6.6-19.8 (3-9)	0-17.6 (0-8)	6.6-19.8 (3-9)/0-17.6 (0-8)
Maximum screen size	≤40 inch	≤40 inch	≤32 inch

Accessories are available for modular expansion of your monitor arm: R-Go Morelia Document holder RGOVLMODH & R-Go Morelia Notebook holder RGOVLMONH. For all article numbers, go to our website.

Stay in touch

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