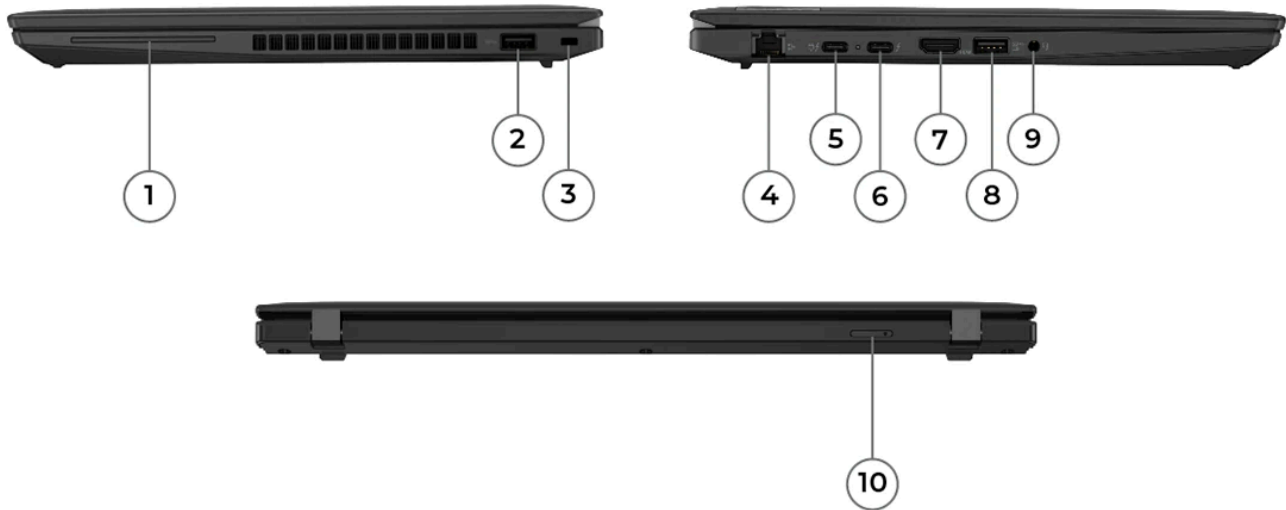


OVERVIEW



1. Smart card reader *	6. Thunderbolt 4
2. USB 3.2 Gen 1	7. HDMI
3. Kensington Nano Security Slot	8. USB 3.2 Gen 1 (Always On)
4. Ethernet (RJ-45)	9. Headphone / microphone combo jack (3.5mm)
5. Thunderbolt 4	10. Nano-SIM card slot *

Notes:

- Ports with * are only available on selected models

PERFORMANCE

Processor

Processor Family

12th Generation Intel® Core™ i5 / i7 Processor

Processor**^[1]

Processor Name	Cores	Threads	Base Frequency	Max Frequency	Cache	Memory Support	Processor Graphics
Core i5-1235U	10 (2 P-core + 8 E-core)	12	P-core 1.3GHz / E-core 0.9GHz	P-core 4.4GHz / E-core 3.3GHz	12MB	DDR4-3200	Intel Iris® Xe Graphics
Core i5-1245U	10 (2 P-core + 8 E-core)	12	P-core 1.6GHz / E-core 1.2GHz	P-core 4.4GHz / E-core 3.3GHz	12MB	DDR4-3200	Intel Iris Xe Graphics
Core i7-1255U	10 (2 P-core + 8 E-core)	12	P-core 1.7GHz / E-core 1.2GHz	P-core 4.7GHz / E-core 3.5GHz	12MB	DDR4-3200	Intel Iris Xe Graphics
Core i7-1265U	10 (2 P-core + 8 E-core)	12	P-core 1.8GHz / E-core 1.3GHz	P-core 4.8GHz / E-core 3.6GHz	12MB	DDR4-3200	Intel Iris Xe Graphics
Core i5-1240P	12 (4 P-core + 8 E-core)	16	P-core 1.7GHz / E-core 1.2GHz	P-core 4.4GHz / E-core 3.3GHz	12MB	DDR4-3200	Intel Iris Xe Graphics
Core i5-1250P	12 (4 P-core + 8 E-core)	16	P-core 1.7GHz / E-core 1.2GHz	P-core 4.4GHz / E-core 3.3GHz	12MB	DDR4-3200	Intel Iris Xe Graphics
Core i7-1260P	12 (4 P-core + 8 E-core)	16	P-core 2.1GHz / E-core 1.5GHz	P-core 4.7GHz / E-core 3.4GHz	18MB	DDR4-3200	Intel Iris Xe Graphics
Core i7-1270P	12 (4 P-core + 8 E-core)	16	P-core 2.2GHz / E-core 1.6GHz	P-core 4.8GHz / E-core 3.5GHz	18MB	DDR4-3200	Intel Iris Xe Graphics
Core i7-1280P	14 (6 P-core + 8 E-core)	20	P-core 1.8GHz / E-core 1.3GHz	P-core 4.8GHz / E-core 3.6GHz	24MB	DDR4-3200	Intel Iris Xe Graphics

Notes:

- i7-1280P is special bid only in EMEA.

Operating System

Operating System**

- Windows® 11 Pro 64
- Windows 11 Home 64
- Windows 11 DG Windows 10 Pro 64
- Linux
- Ubuntu Linux
- No operating system

Graphics

Graphics**^[1]

Graphics	Type	Memory	Key Features
Intel Iris Xe Graphics	Integrated	Shared	DirectX® 12.1
NVIDIA® GeForce MX550	Discrete	2GB GDDR6	DirectX 12

Notes:

- Intel Iris Xe Graphics capability requires system to be configured with Intel Core i5 or i7 processor and dual-channel memory. On the system with Intel Core i5 or i7 processor and single-channel memory, Intel Iris Xe Graphics will function as Intel UHD graphics. NVIDIA GeForce RTX™ 2050 is NOT available in EMEA.

Monitor Support

Monitor Support^[1]

Supports up to 4 independent displays (native display and 3 external monitors via Thunderbolt™ and HDMI®)

- Thunderbolt supports up to 5K@60Hz

ThinkPad T14 Gen 3 (Intel)

- HDMI supports up to 4K@60Hz

Notes:

1. Refresh rates >60hz also supported, however max resolution will be limited.

Chipset

Chipset

Intel SoC (System on Chip) platform

Memory

Max Memory^[1]

- Up to 40GB (8GB soldered + 32GB SO-DIMM) DDR4-3200
- Up to 48GB (16GB soldered + 32GB SO-DIMM) DDR4-3200

Memory Slots

One memory soldered to systemboard, one DDR4 SO-DIMM slot, dual-channel capable

Memory Type

DDR4-3200

Notes:

1. The max memory is based on the test results with current Lenovo® memory offerings. The system may support more memory as the technology develops.

Storage

Storage Support^[1]

One drive, up to 2TB M.2 2280 SSD

Storage Slot

One M.2 2280 PCIe® Gen 4x4 slot, supports M.2 2280 SSD

Storage Type^{**[2]}

Disk Type	Interface	Offering	Security
M.2 2280 SSD	PCIe NVMe®, PCIe 4.0 x4 Performance	512GB / 1TB / 2TB	Opal2
M.2 2280 SSD	PCIe NVMe, PCIe x4	256GB / 512GB / 1TB	Opal2

Notes:

1. The storage capacity supported is based on the test results with current Lenovo storage offerings. The system may support larger storage as the technology develops.
2. PCIe x4 SSD may be PCIe 3.0x4 or PCIe 4.0x4 as substitution.

Removable Storage

Optical

None

Card Reader

No card reader

Multi-Media

Audio Chip

High Definition (HD) Audio, Realtek® ALC3287 codec

Speakers

Stereo speakers, 2W x2, Dolby® Audio™

Microphone^[1]

- Dual array microphone, far-field, Dolby Voice
- No microphone

Camera^{**[2]}

- HD 720p, with privacy shutter, fixed focus
- FHD 1080p, with privacy shutter, fixed focus

ThinkPad T14 Gen 3 (Intel)

- IR & FHD 1080p hybrid, with privacy shutter, fixed focus
- No camera

Notes:

1. No microphone is for special bid only.
2. Only 720p and IR & 1080p hybrid are available in EMEA.

Battery

Battery**^[1]

- Integrated Li-Polymer 39.3Wh battery, supports Rapid Charge (charge up to 80% in 1hr) with 65W AC adapter
- Integrated Li-Polymer 52.5Wh battery, supports Rapid Charge (charge up to 80% in 1hr) with 65W AC adapter

Battery Life^[2]

Configuration 1 (max battery life)

MobileMark® 2018: up to 10.0 hr with 791 performance score @200nits

MobileMark 25: up to 8.2 hr with 601 performance score @250nits

JEITA 2.0: up to 19.9 hr @150nits

Local video playback: up to 15.1 hr @150nits

Alternate configuration 2

MobileMark 2018: up to 9.4 hr with 930 performance score @200nits

MobileMark 25: up to 6.5 hr with 653 performance score @250nits

JEITA 2.0: up to 12.0 hr @150nits

Local video playback: up to 10.1 hr @150nits

Alternate configuration 3

MobileMark 2018: up to 7.4 hr with 1055 performance score @200nits

MobileMark 25: up to 4.8 hr with 712 performance score @250nits

JEITA 2.0: up to 11.0 hr @150nits

Local video playback: up to 9.1 hr @150nits

Notes:

1. 39.3Wh battery is ONLY available for the models with integrated graphics.
2. Configuration 1 (max battery life): WUXGA (non-touch), Intel i5-1240P, 8GB soldered, Win 11, 52.5Wh battery, best power efficiency power mode
Alternate configuration 2: WUXGA (touch), Intel i5-1250P, 16GB (8GB soldered + 8GB SO-DIMM), Win 11, 52.5Wh battery, best power efficiency power mode
Alternate configuration 3: WQUXGA (touch), Intel i7-1280P, 32GB (16GB soldered + 16GB SO-DIMM), NVIDIA GeForce MX550, Win 11, 52.5Wh battery, best power efficiency power mode

All battery life claims are approximate maximum and based on results using [MobileMark 2018](#), [MobileMark 25](#), JEITA 2.0, continuous 1080p local video playback (using default Media Player in Fullscreen mode with 150nits brightness and default volume level), or Google Power Load Test (PLT) battery-life benchmark tests.

Actual battery life will vary and depends on many factors such as product configuration, software, wireless functionality, power management settings, and screen brightness.

The maximum capacity of the battery will decrease with time, ambient temperature and use.

Refer to [Microsoft® link](#) for more information about the Windows Performance power slider.

Power Adapter

Power Adapter**^{[1][2]}

- 45W USB-C® (2-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 45W USB-C (3-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 65W USB-C (2-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 65W USB-C (3-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 65W USB-C slim (2-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 65W USB-C slim (3-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- No power adapter

Notes:

1. AC adapter offerings depend on the country.
2. 45W USB-C AC adapter is ONLY available for the models with integrated graphics.
45W USB-C AC adapter and 65W USB-C slim AC adapter are NOT available in EMEA.
No power adapter is for special bid only.

DESIGN

Display

Display**^{[1][2]}

Size	Resolution	Touch	Type	Brightness	Surface	Aspect Ratio	Contrast Ratio	Color Gamut	Viewing Angle	Key Features
14.0"	WUXGA (1920x1200)	None	IPS	300 nits	Anti-glare	16:10	700:1	45% NTSC	170°	-
14.0"	WUXGA (1920x1200)	None	IPS	400 nits	Anti-glare	16:10	800:1	100% sRGB	170°	Low power, Eyesafe® Certified, ICC Template color calibration
14.0"	WUXGA (1920x1200)	On-cell touch	IPS	300 nits	Anti-glare	16:10	700:1	45% NTSC	170°	-
14.0"	WUXGA (1920x1200)	On-cell touch	IPS	500 nits	Anti-glare	16:10	1000:1	100% sRGB	170°	ThinkPad® Privacy Guard
14.0"	2.2K (2240x1400)	None	IPS	300 nits	Anti-glare	16:10	1500:1	100% sRGB	170°	Eyesafe Certified
14.0"	WQUXGA (3840x2400)	Add On Film Touch	IPS	500 nits	Anti-reflection, Anti-smudge	16:10	1500:1	100% DCI-P3	170°	Dolby Vision™, DisplayHDR™ 400, Eyesafe Certified, ICC Template color calibration

Color Calibration

- ICC Template color calibration
- No color calibration

Touchscreen**

- Add-on Film Touch, supports 10-point touch
- On-cell touch, supports 10-point touch
- Non-touch

Notes:

1. California Electronic Waste Recycling Fee
In California, per state law, Lenovo charges an electronic waste recycling fee on this covered device at the time of sale of the product. For more information, go to <https://www.calrecycle.ca.gov/Electronics/Consumer>
2. 2.2K display is NOT available in EMEA.

Input Device

Keyboard

6-row, spill-resistant, multimedia Fn keys with Unified Communications controls

Keyboard Backlight^[1]

- LED backlight
- Non-backlight

UltraNav™

TrackPoint® pointing device and glass-like Mylar® surface multi-touch touchpad, 61 x 115 mm (2.40 x 4.53 inches)

Notes:

1. Storm grey cover is ONLY available with backlit keyboard.

Mechanical^[1]

Dimensions (WxDxH)

Models	Dimensions
Model with storm grey cover	317.7 x 227.36 x 17.9 mm (12.51 x 8.95 x 0.70 inches)
Model with black cover	317.7 x 226.9 x 17.9 mm (12.51 x 8.93 x 0.70 inches)

Weight

Models	Weight
Models with storm grey cover and 39.3Wh battery	Starting at 1.33 kg (2.93 lbs)
Models with storm grey cover and 52.5Wh battery	Starting at 1.36 kg (3.0 lbs)
Models with thunder black cover and 39.3Wh battery	Starting at 1.21 kg (2.65 lbs)
Models with thunder black cover and 52.5Wh battery	Starting at 1.32 kg (2.91 lbs)

Case Color^[2]**

- Storm grey
- Thunder black

Surface Treatment^[3]

- ISO 22196 compliant anti-microbial surface treatment (not including UltraNav, keyboard, display, and display bezel)
- Not anti-microbial surface treatment

Case Material**

- Model with storm grey cover: aluminium (top), PPS (bottom)
- Model with thunder black cover and integrated graphics: PC 50% GF + PC 20% CF (top), PPS (bottom)
- Model with thunder black cover and discrete graphics: PC 50% GF + PC 20% CF (top), aluminium (bottom)

Notes:

1. The system dimensions and weight vary depending on configurations.
2. Storm grey cover is ONLY available for the models with integrated graphics.
Storm grey cover is NOT available in EMEA.
3. Anti-microbial surface treatment is NOT available for storm grey models.

CONNECTIVITY

Network

Onboard Ethernet**

- Gigabit Ethernet, Intel Ethernet Connection I219-LM (vPro models), 1x RJ-45, supports Wake-on-LAN
- Gigabit Ethernet, Intel Ethernet Connection I219-V (non-vPro models), 1x RJ-45, supports Wake-on-LAN

WLAN + Bluetooth®^{[1][2]}**

- Intel Wi-Fi® 6E AX211, 802.11ax 2x2 Wi-Fi + Bluetooth 5.2
- Qualcomm® NFA-725A Wi-Fi 6E, 802.11ax 2x2 Wi-Fi + Bluetooth 5.2

WWAN^[3]**

- Wireless WAN upgradable to 4G (with antenna ready)
- Fibocom L860-GL-16, 4G LTE CAT16, M.2 card
- Quectel EM05-G, 4G LTE CAT4, M.2 card
- No support

SIM Card

- Gemalto eSIM
- No SIM card inbox

NFC^[4]

- Near Field Communication
- No support

Notes:

1. Bluetooth 5.2 is hardware ready but may run at a lower version due to OS limitation
2. Wi-Fi 6E full features might be limited by country level restrictions.
Wi-Fi 6E only enabled on Windows 11 and operates as Wi-Fi 6 with Windows 10.
6GHz Wi-Fi 6E operation is dependent on the support of the operating system, routers/APs/Gateways that support Wi-Fi 6E, and the regional regulatory certifications & spectrum allocation.
3. Wireless WAN upgradable to 4G is ONLY available in EMEA.
Fibocom L860-GL CAT16 is special bid only in EMEA.
4. NFC is NOT available for storm grey models.
NFC is special bid only in EMEA.

Ports^[1]

Standard Ports

ThinkPad T14 Gen 3 (Intel)

- 1x USB 3.2 Gen 1
- 1x USB 3.2 Gen 1 (Always On)
- 2x Thunderbolt 4 / USB4® 40Gbps (support data transfer, Power Delivery 3.0 and DisplayPort™ 1.4)
- 1x HDMI, up to 4K/60Hz
- 1x Ethernet (RJ-45)
- 1x Headphone / microphone combo jack (3.5mm)

Optional Ports***

- 1x Smart card reader
- 1x Nano-SIM card slot (WWAN support models)

Notes:

1. The transfer speed of following ports will vary and, depending on many factors, such as the processing speed of the host device, file attributes and other factors related to system configuration and your operating environment, will be slower than theoretical speed.
USB 2.0: 480 Mbit/s;
USB 3.2 Gen 1 (SuperSpeed USB 5Gbps, formerly USB 3.0 / USB 3.1 Gen 1): 5 Gbit/s;
USB 3.2 Gen 2 (SuperSpeed USB 10Gbps, formerly USB 3.1 Gen 2): 10 Gbit/s;
USB 3.2 Gen 2x2 (SuperSpeed USB 20Gbps): 20 Gbit/s;
Thunderbolt 3/4: 40 Gbit/s

Docking

Docking

Various docking solutions supported via Thunderbolt / USB-C.

For more compatible docking solutions, please visit [Docking for ThinkPad T14 Gen 3 \(Intel\)](#)

Monitor Cable

Monitor Cable***

- Lenovo HDMI to VGA Monitor Adapter
- Lenovo USB-C to DisplayPort Adapter
- Lenovo USB-C to VGA Adapter
- No monitor cable

SECURITY & PRIVACY

Security

Security Chip

Discrete TPM 2.0, TCG certified

Physical Locks

Kensington® Nano Security Slot, 2.5 x 6 mm

Smart Card Reader^[1]

- Smart card reader
- No smart card reader

Fingerprint Reader^[2]

- Touch style fingerprint reader on power button, match-on-chip
- No fingerprint reader

BIOS Security

- Power-on password
- Supervisor password
- System management password
- NVMe password
- USB FIDO (Fast Identity Online) device integration
- Certificate based BIOS authentication
- Firmware Resiliency 3.0

Other Security^[3]

- (Optional) Camera privacy shutter
- (Optional) IR camera for Windows Hello
- (Optional) Privacy Guard with Privacy Alert
- Human Presence Detection (software)
- Mirametrix Glance

- (Optional) RFID reader

Notes:

1. Smart card reader is mutually exclusive with RFID reader.
2. Fingerprint reader is standard on storm grey models and optional on thunder black models.
3. RFID reader is ONLY available with anti-microbial cover, NOT available on storm grey models, and mutually exclusive with smart card reader.

MANAGEABILITY

System Management

System Management^[1]**

- Intel vPro Enterprise
- Intel vPro Essentials
- Non-vPro

Notes:

1. Intel vPro offers a superset of DASH's defined capabilities.

SERVICE

Warranty

Base Warranty^[1]**

- 1-year depot service
- 1-year depot with 2-year system board service (Korea only)
- 1-year limited onsite service
- 3-year (1-yr battery) depot service
- 3-year (1-yr battery) limited onsite service

Notes:

1. More information of warranty policy, please access <https://pcsupport.lenovo.com/warranty>

ENVIRONMENTAL

Sustainability

Material

97% PCC recycled plastic used in speaker enclosure
97% PCC recycled plastic used in the 52.5Wh battery
25-30% in the 39.3Wh
95% PCC recycled plastic used in standard 65W adapter
Low-temperature solder
90% recycled and/or sustainable packaging

Operating Environment

Temperature^[1]

- Operating: 5°C (41°F) to 35°C (95°F)
- Storage and transportation in original shipping package: -20°C (-4°F) to 60°C (140°F)
- Storage without package: 5°C (41°F) to 43°C (109°F)

Humidity

- Operating: 8% to 95% at wet-bulb temperature 23°C (73°F)
- Storage and transportation: 5% to 95% at wet-bulb temperature 27°C (81°F)

Altitude

Maximum altitude (without pressurization): 3048 m (10,000 ft)

Notes:

1. When you charge the battery, its temperature must be no lower than 10°C (50°F).

ACCESSORIES

Bundled Accessories

Bundled Accessories

- Lenovo USB-C to Ethernet Adapter
- None

CERTIFICATIONS

Green Certifications

Green Certifications

- EPEAT™ Gold
- ENERGY STAR® 8.0
- ErP Lot 3
- TCO Certified 9.0
- RoHS compliant

Other Certifications

Mil-Spec Test

MIL-STD-810H military test passed

Other Certifications

(Optional) Eyesafe Certified

- Feature with ** means that only one offering listed under the feature is configured on selected models.
- Feature with *** means that one or more offerings listed under the feature could be configured on selected models.
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