

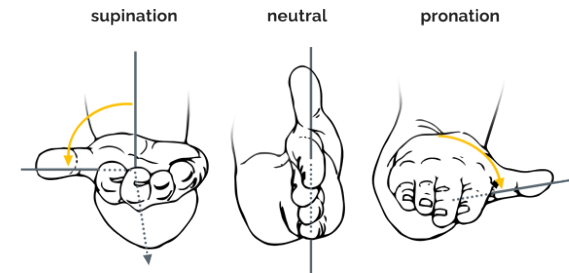
## FastForward



This mouse gives you an instant click.

### Ergonomics that feels natural

The FastForward is designed with an angle of inclination of 75°, which automatically puts your hand in a natural, relaxed position. This prevents tension in your hand, wrist and forearm, supports better posture and helps prevent common complaints such as RSI and carpal tunnel syndrome. It feels as natural as shaking hands with someone (but without uncomfortable eye contact). As a result, you don't have to get used to an ergonomic posture for a long time. These ergonomic benefits have been substantiated by research, in which a vertical hand position is linked with less muscle tension (Aarås et al., 2001; Quemelo & Vieira, 2013). Your wrist stays straight and the clicking motion becomes lighter, reducing the force your fingers need to apply.



### Ergonomic background

Prolonged use of a regular mouse can lead to pain and discomfort in the shoulders, forearms, and hands (Chang et al., 2007 & Andersen et al., 2008). The handshake position of vertical mice keeps the wrist from bending as much to the side while the forearm also turns inward to a lesser degree (Schmid, et al., 2015). This means that muscle activity in the forearm is less than it would be when using a conventional mouse (Quemelo & Vieira, 2013). Research has shown that the use of a vertical joystick mouse ensures a faster recovery from forearm, wrist and hand complaints (Aarås, et al., 2001). And therefore, vertical mice compared to standard mice lead to a healthier and more comfortable way of working.



## FastForward

### Article code

BNEFF3MVM

### Barcode/ EAN-code on product package

8719274677840

### Guarantee period [years]

5 (after registration)

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information >



### Product design

Product colour(s)	Dark Grey
Hand	Right
Package content	Dongle, Charging cable, Manual, Mouse
Protection bag included	No

### System requirements

Compatible devices	PC, Mac, Tablet, Phone
Compatible operating systems	ChromeOS, Linux, Mac OS, Windows, iOS
Minimum requirements operating systems	2.4G: Windows 10, 11 or later; MacOS 10.10 or later, Linux 8, Chrome 9 Bluetooth: Windows 10, 11 or later; MacOS 10.15 or later, Linux 10, Chrome OS 11, iPadOS 13.4 or later, Android 5.0 or later

### Mice General

Mouse type	Vertical
Mouse size	Universal
Mouse control/ sensor	Optic
Suitable for glass surfaces	No

### Product dimensions

Product weight [g]	131
Product dimension length [mm]	112
Product dimension width [mm]	81
Product dimension height [mm]	80

### Connectivity

Plug & play	Yes
Connection type	3-Mode: Wired and wireless (via RF dongle and bluetooth)

Length of cable [mm]	1500
Power supply	Battery/Accu
Frequency ranges/ wireless protocols	2.4GHz
Bluetooth version	5.1
Wireless or bluetooth range [mm]	8000
Type USB connection	USB-C
Power saver	Yes
Dongle/ receiver included	Yes
Dongle/ receiver storable	Yes
Multi-pairing	Yes
Number of devices that can be paired	2
Charging cable included	Yes
Usable during charging	Yes
Inductive charging	No

### Mice Button & scrollwheel

On/off button	Yes
Scroll wheel	Yes
Number of buttons	8
Mouse functions	Backward, Forward, DPI adjustable, Vertical scrolling, Clickable scrolling, Productivity button, Hyperscroll
Driver available	No

### Mice DPI information

DPI adjustable	Yes
Number of DPI settings	5
DPI settings	1000 - 1600 - 2400 - 3200 - 5000

### Package

Package weight including product [g]	217
Package dimension length [mm]	119
Package dimension width [mm]	88
Package dimension height [mm]	86

### Material product

Product material(s)	Plastic (ABS), Steel, Other
Product Recycled %	6.5
Product recyclable %	80.8
Product biodegradable	No

### Package material

Package material (s)	Paper/Carton
Package recycled %	100
Package recyclable %	100
Package biodegradable	Yes
Package biodegradable %	100

### Battery & accu information

Battery or integrated battery?	Integrated rechargeable battery
(Integrated) battery number	1
(Integrated) battery format	N/A
(Integrated) battery brand	Non brand/OEM
(Integrated) battery material	Li-ion Polymer
(Integrated) battery changeable	No
(Integrated) battery life in months (average)	3
(Integrated) battery rechargeable?	Yes
(Integrated) battery charging time in hours	3
Battery status display	Yes

### Ergonomics, environment & quality

Declaration of Sustainability	<a href="https://www.fastforward.com/bneff3mvm-declaration-of-sustainability-1744204892.pdf">bneff3mvm-declaration-of-sustainability-1744204892.pdf</a>
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