

EnergyByLight

The right light, at the right time - for more energy.



EnergyByLight combines a perfect light distribution on your desk with biologically effective lighting.

This allows you to concentrate better and work more efficiently, both in the office as well as at home.



The circadian rhythm is the human's biological rhythm. It comprises 24 hours roughly split between 16 hours wakefulness and 8 hours sleep and can therefore also be called the sleep-wake cycle. This rhythm is influenced directly by daylight.

The release of the hormones cortisol and melatonin are controlled by the circadian rhythm. Cortisol secretion is at its highest in the morning making us more productive. While the hormone melatonin decreases steadily with increasing daylight brightness, so we feel fit and well-rested during the day and become more tired as daylight decreases helping us to sleep better at night.



The right light, at the right time for more energy

The EnergyByLight is not artificial light, but biodynamic light. Biodynamic light reproduces the color temperature and brightness of natural daylight during the day and regulates the so-called circadian rhythm. This ensures a balanced day-night rhythm. With the EnergyByLight you have excellent illumination of every room through the correct use of color temperature, brightness and optimized positioning of the light.



 [Watch product online](#)



Advantages of EnergyByLight



A light for your workplace that boosts your energy.

The EnergyByLight automatically changes the color temperature and brightness of the light, follows the sun and immediately follows your daily rhythm. This process is critical to a healthy life.

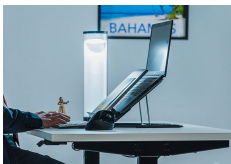
Perfect lighting.

EnergyByLight simultaneously combines direct lighting for the work area on the desk and indirect lighting for the environment. In this way, the EnergyByLight provides good illumination of the entire work area, both horizontally and vertically.



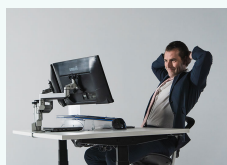
Circadian rhythm.

The circadian rhythm is the biological rhythm of the human being. It comprises 24 hours, roughly divided into 16 hours of wakefulness and 8 hours of sleep, and can therefore also be called the sleep-wake rhythm.



Performance increase.

The EnergyByLight provides a natural imitation of daylight, so that the body produces the right hormones at the right time to maintain our natural circadian rhythm. This way you start the working day awake and productive.



Design

Due to its space-saving and unobtrusive design, EnergyByLight fits perfectly into any (home) work environment. EnergyByLight is an original Dutch design and quality Made in Holland, according to the highest quality standards.



Durable

The EnergyByLight promises low energy consumption and a long lifespan of approximately 50,000 hours. It has two integrated functions to ensure energy efficiency at home or in the office.



Specifications

Width	104 mm (4.09 inches)
Height	385 mm (15.16 inches)
Depth	104 mm (4.09 inches)
Weight	1.5 kg (52.91 ounces)
Product code:	BNEEBL

Contact



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